

# HURRICANE INTERMEDIATE JAGUARS



December 2019

## Upcoming Events:

PLC/EARLY-OUT DAY

December 9

Dismiss @ 11:45am

CHRISTMAS/WINTER BREAK-NO  
SCHOOL

December 23-January 3

PARENT TEACHER CONFERENCE

January 16

2:30-5:30pm



# a message from our school counselor:

Dear Jaguar Parents and Students,

Have you heard of our Wellness Center? We opened it up near the end of last year; it is a classroom set aside solely for the purpose of giving kids a place to go when they need to take a break for a few minutes to self-regulate their emotions.

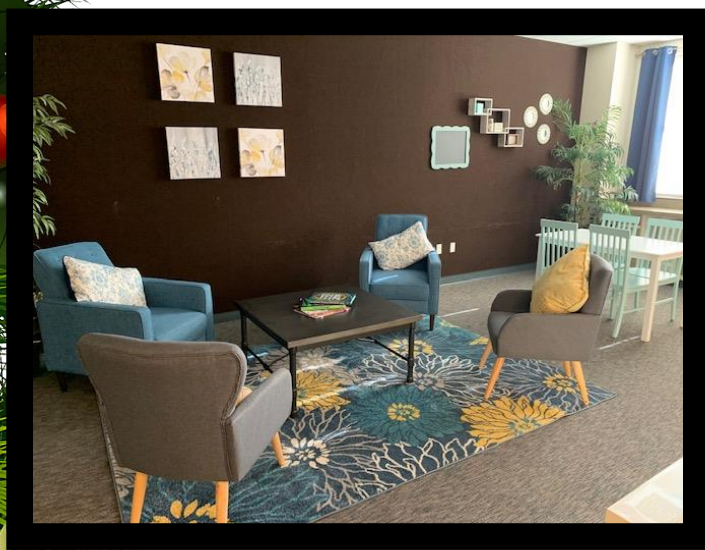
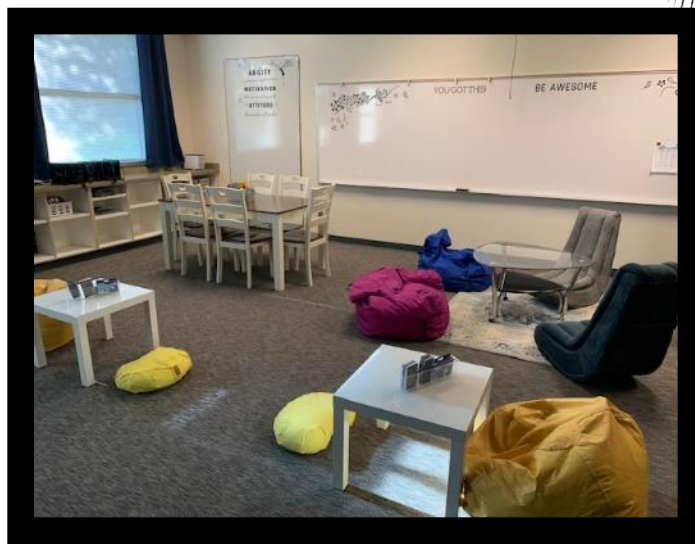
The presence of the Wellness Center in our school is a part of our efforts to teach students social-emotional learning (SEL). As school counselors, one of the things we do is to teach students to be aware of their emotions and to take proactive steps to work through their feelings at times when they realize they're getting up too high up on their "feelings thermometer". One step they can take is to take a visit to the Wellness Center.

All teachers in our school have passes they can give to any student who feels they need to visit the Wellness Center. Once they enter the Wellness Center, students are greeted by our amazing Wellness Center Coordinator, Mrs. Howard. She has the students sign in on a Chromebook and then gives them a 10 minute timer. She then allows them to choose one of several "tools" they would like to use while they are using this time to work through their emotions. The Wellness Center has been set up and designed to be warm, inviting, and feel like something of a "homey", soothing, and cozy environment. Students can choose from various tools to use while self-regulating their feelings. These tools include: Arts kits, maze balls, magnetic sculptures, Kanoodle puzzles, Orbeez water beads, and Play Dough, just to name a few. The room is also equipped with white erase board tables they can draw on, bean bag chairs, banana chairs, a weighted blanket, etc.

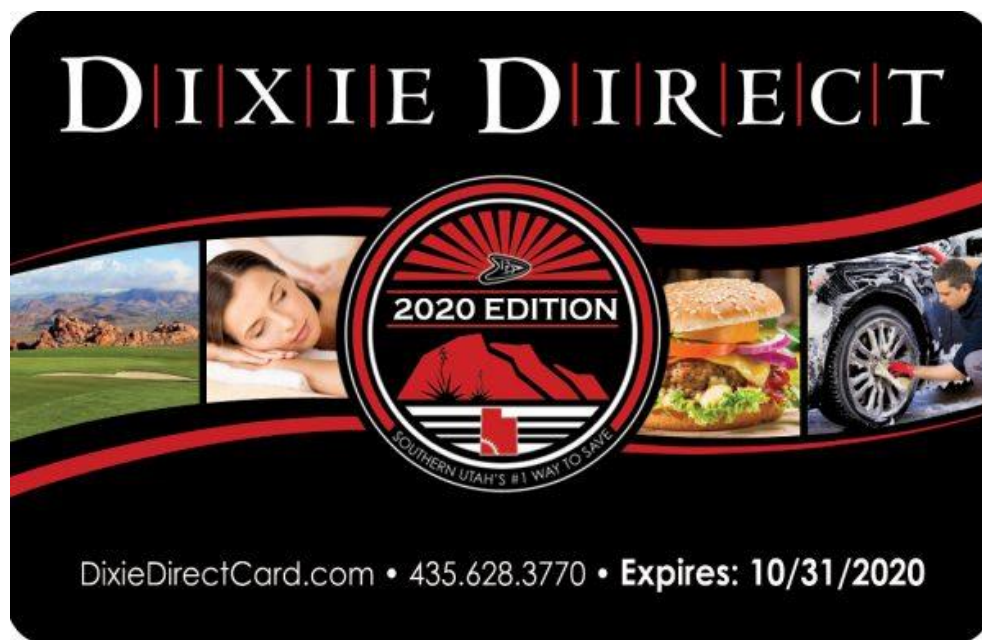
Through the use of the Wellness Center, the goal is for students to learn to recognize their feelings and then take ownership for dealing with and working through their feelings. If you ever have any questions about the Wellness Center, or any other concerns that you would like to direct to a school counselor, you are always welcome to contact us here at the school.

Mrs. Shurtz  
School Counselor









## REMINDER:

We would like to finish up the  
Dixie Direct sales by December 10<sup>th</sup>.

Please have your student  
turn in unsold books,  
or \$ from purchased books  
to the office.





# All In One Place



## YOUTH Soccer 2020

GOOOOAAALLL!!! As Spring approaches, get outdoors and feel the excitement of soccer in the air. Boys and girls, Kindergarten through 8th grade, are invited to participate in Washington City's Youth Soccer Program. Registration is accepted through February 1st, 2020 and games begin on Saturday, February 29<sup>th</sup>, 2020. Participation fees are \$35.<sup>00</sup> for Washington City residents and \$42.<sup>00</sup> for non-residents. Participants must wear the Washington City Recreation reversible jersey for games.



## CRAFT ME

Don't miss out on the Community Centers newest program, Youth Craft Camp! Every child goes home with 3 themed crafts for only \$25. Bring children between the ages of 4-12 on the 2<sup>nd</sup> Friday of the month, from 5-7 pm. In December children will create christmas ornaments, snow globes, and a Santa's cookie plate. For more information about this and other great programs please visit [WashingtonCity.org/programs](http://WashingtonCity.org/programs).

## THANKSGIVING

Open Thanksgiving from 8am - 11am

### Fitness Feast

The Washington City Community Center will be open on Thanksgiving Day this year from 8:00 AM to 11:00 AM, so come join us for a "Family Fitness Feast". A variety of activities will be offered to include High Fitness, Spinning & Flex, Family Volleyball, and more. Everyone is invited, so bring your family members and friends. Admission cost is a shelf stable food supply donation per person.



## Christmas Special

Dec 9<sup>th</sup> - Dec 23<sup>rd</sup>

All Enrollment Fees Will Be Waived  
\*Some restrictions apply. Not valid with other offers

**\$60 OFF**  
Annual  
Couple Pass

**\$75 OFF**  
Annual Family Pass

**\$50 OFF**  
Annual Individual  
Pass



## Parents NIGHT OUT

Parents Night Out is on December 6th. Drop off your children between the ages of 3-12 for a fun kids night. So you can go out and enjoy some time kids free! Call 656-6343 for details.

### Preschool 2020

For Prospective Students  
Set your child up for success

- Three Hour Format
- Convenient Class Times
- Low Student To Teacher Ratios
- Parents Workout Free (during class hours)

New Student Registration Begins February 1<sup>st</sup>

Classes run every month of the year - sign up for the time that works for you and we will place your student in the correct class. Can't find a time that works for you? Try our Private Swim Lessons! Register online. [WashingtonCity.org/aquatics](http://WashingtonCity.org/aquatics)



Swim Lessons

## FEELS LIKE HOME

5K | Kids Run | Double Dare(Marathon) | Half Marathon



Right now is the best time to register and save money. The 2020 race is going to be one of the best ever! Late registration begins January 17

02.01.20	<b>MARATHON</b>	• RATE: \$75   LATE \$85 GUN START: 6-9AM
	<b>1/2 MARATHON</b>	• RATE: \$60   LATE \$70 GUN START: 9AM
	<b>5K</b>	• RATE: \$30   LATE \$35 GUN START: 9:15 AM
	<b>KIDS RUN</b>	• RATE: \$15   LATE \$20 GUN START: 10:30 AM

Register Online Today At [WashingtonCity.org/run](http://WashingtonCity.org/run)



For More Information Call (435)-656-6360

[WashingtonCity.org/CC](http://WashingtonCity.org/CC)



350 North Community Center Drive Washington City, Utah 84780



# Helpful Info:

- **ATTENDANCE**: If your child will not be at school, please call 635- 8931 or email [karina.goodwin@washk12.org](mailto:karina.goodwin@washk12.org) If you are checking your student out of school, you will need to come in to the office and sign them out. You must have ID in order to check out a student. We will not release students to anyone who is not on your contact list.
- **ATTENDANCE**: District policy allows us to excused absences / tardies that are within 7 days.
- **YEARBOOKS**: Minimum deposit of \$5 required to reserve a yearbook. Must be received BEFORE Christmas Break. Yearbook Total Price: \$18
- **BUS**: Please be reminded that district policy only allows students to ride the bus that they have been assigned to.
- **DRESS CODE**: Clothes that are mutilated (distressed) 4" above knee, or immodest are not appropriate school wear. Any apparel revealing a bare midriff, (including when raising arms), bare shoulders, low neck line, or cut low under the arms, is not permissible. Tank tops, without a covering garment or t- shirt underneath, are not permissible. Sleeveless shirts must be at least 3" wide at the cap and cover from neck to outside of shoulder. Undergarments should not be visible. Dress, short, and skirt lengths must be modest and not revealing. They can be no shorter than 4" from the top of the knee cap in a standing position. \*Please refer to the student handbook on our website for the full dress code policy.