



JAGUAR NEWS

Hurricane Intermediate Newsletter

January 2016

Dear HIS Jaguars,

With the New Year fast approaching, many of us turn to reflecting on our lives which often leads to resolutions and setting goals (I don't know about any of you, but I've personally lost the same 10 pound every year since the 1997.). I found a great article on a website called TeensHealth.org about goal-setting. Click here for the article: [5 Facts About Goal Setting](#). The author suggests 5 facts about goal setting.

1. Specific, realistic goals work best
2. It takes time for a change to become an established habit.
3. Repeating a goal makes it stick.
4. Pleasing other people doesn't work.
5. Roadblocks don't mean failure.

A 6th fact I've found in my life is to put up visual reminders of my goals. When I was a high school football player with dreams of playing in college, I put up pictures of players from the big-time programs. The pictures motivated me to practice hard and do my off-season training, no matter what. I think it also made the goal seem achievable. After a few years, I had the opportunity to play against many of the teams I had taped to my wall. Hmm . . . maybe I'll tape a picture of a photo-shopped skinnier me on the wall this year.

Thanks for the opportunity to work with your children.

Mr. C.

"Whoever renders service to many puts himself in line for greatness—great wealth, great return, great satisfaction, great reputation, and great joy."

~ Jim Rohn

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Science Fair Winners



**1st
Place**



**2nd
Place**



1st Place—Brooklyn Jacob and Ryan Gubler

2nd Place—Brennon Romrell

3rd Place—Tabitha Goodman

4th Place—Millie Scholzen

5th Place—Kaneesa Bayles

Congratulations to our winners they will compete in the District Science Fair in April!



**3rd
Place**



Science Fair Winners

LEADERSHIP CONFERENCE



We held our first annual Hurricane Intermediate School Leadership Conference for our Student Council, Peer Mediators, Character Ed, and Yearbook students on November 24th. We did breakout sessions with the Hurricane High School Executive Council, Made lap quilts for the elderly, sang



songs and played team building games with Mr. Simon and worked on team problem solving with the Second Chances Leaders. After a fun morning of learning we had lunch and got to hear from David Eves. He talked to our students about challenges in our lives and how we can make a choice and do the best we can with those challenges. He also talked to our students about going out of our comfort zones and meeting new friends. We had a great time and hope that our students learned skills that will continue to make our school a GREAT place!



School Activities

December 21-January 4—NO SCHOOL—Happy Holidays

January 6—Vision Screenings

January 18—MLK Jr. Day / NO SCHOOL

January 21—Parent/Teacher Conf
2:30pm—6:00pm

February 1—PLC Early Out at
11:45am

February 15—NO SCHOOL
President's Day

February 19—End of 2nd Trimester



Jennifer Gray—Admin Secretary

Staff Spotlight

This is my 2nd year working at Hurricane Intermediate School and I love my job! The kids are great and make me smile. I have been married to my high school sweet heart for 21 years and I have two beautiful daughters. I love to ride ATV's, go camping, hiking and water sports. Summer is my favorite season, the hotter the better. I love to exercise so you can find me at the gym on most evenings. I am a licensed nail technician and was lucky enough to work from home while my children were young. My favorite food is French fries with fry sauce and my favorite color is purple. I also believe that with a positive mental attitude you can accomplish anything.

Washington City Community Center Information

Click below for details



[2016 Family Bash](#)

Penny Wars Results

\$1711.77

Thanks so much to all the students, staff and parents for the donations. This money will go directly back to families in our community to help them have a wonderful Christmas.

Fun Facts

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X 111,111,111

= 12,345,678,987,654,321

College and Career Readiness



The counseling department has been busy with many activities to help our 7th grade students start thinking about future college and career goals. We have had Mr. Daley from Dixie Applied Technology College do a presentation for our students. We visited Dixie State University and took a tour with all 7th grade students so they could get an idea of what a University experience can offer. In addition, we have taught lessons in the College and Career Awareness classes and have done activities in the Choices program to help students start thinking about their future and making goals. On January 21, 2015 (Parent Teacher Conference Night) counselors would like to meet with as many parents and students as possible to share the information we have gathered on your child and to go over their registration for classes for next year. We will meet individually with every student to go over this info throughout the next few months. If you are unable to come to parent teacher conference and would like to meet at another time with your child's counselor to go over this information, please call the counseling office to schedule an appointment.

LUNCH CORNER

Click here for [January Menu](#)

If your student does not have the full amount for a meal, they will not be allowed to eat that day. This is district policy. THERE IS NO CHARGING FOR MEALS.

December Payment Amounts

Lunch Full Pay	\$45.00
Lunch Reduced	\$ 7.20
Breakfast Full Pay	\$22.50
Breakfast Reduced	\$ 5.40

Payments can be made in the office in the form of check, cash or credit card. You also have the option to pay online at www.paypams.com



Start the day, and the year right!

If you don't have much time in the morning or your kids aren't hungry when they wake up, send them to school for breakfast. Healthy food choices are available every morning in the cafeteria for ALL students. We cannot wait to see them there! Help your kids to make this semester a success-encourage them to eat breakfast!

If your child already eats a free or reduced price lunch, they automatically qualify for a free or reduced price breakfast. Breakfast is served

News from the Office

Office Hours are Monday—Friday 7:10am—2:50pm

ATTENDANCE—If your child will not be at school please call 635-8931 or email jennifer.gray@washk12.org. If you are checking your student out of school, you will need to come into the office and sign them out. You must have I.D. in order to check out a student. We will not release students to anyone who is not on your contact list.

POWERSCHOOL—Just a reminder that your PowerSchool I.D. and password are on your students schedule that they received at registration. If you have problems accessing your student's grades online,

Contact Us

Give us a call for more information about our school.

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(435) 635-8931 Phone

(435) 635-8937 Fax

Visit us on the web at
his.washk12.org



BREAKING NEWS FROM HIS MEDIA CENTER!
CLICK ON THE LINK BELOW TO READ ALL ABOUT IT.

[E-Book Collection is ready for check out!!](#)



Character ED Theme of the Month is:

“Think Win Win...Everyone Can Win.”

Always thinking about another as well as yourself is one of the great mental habits we can teach our kids. We will be doing activities in our homeroom to help students learn this habit. Baby steps to this habit would be:

1. Try to go one whole day without sulking, pouting, or feeling sorry for yourself.
2. The next time you want to argue or fight with someone think “How can I make both of us happy?”
3. Make a wish poster of what your child wishes for on one side and what parent's wish for on the other side. Discuss how you can work together to make both sides come true.

The mission of Hurricane Intermediate School is to ensure that every student is high-achieving and well-rounded.