

APRIL 2022

JAGUAR NEWS

MONTHLY NEWSLETTER OF HURRICANE INTERMEDIATE



DAILY VIDEO ANNOUNCEMENTS

CALENDAR

April 15th - 18th

Spring Recess
(NO SCHOOL)

April 20th - 21st

Spring Talent Show

April 25th

RISE Testing begins

Bell
Schedules

District Year
Calendar

The Parent/Child Relationship: Keeping the Lines of Communication Open

As your child is entering the pre-teen and early teen years, do you find that it's getting harder for them to open up and talk to you as parents? This situation varies widely, with some kids still being an open book, while other kids totally cut their parents off from meaningful conversations. Wherever your relationship with your child falls on this scale, please know that there are things that you can do to encourage your child to keep the lines of communication open with you.

1. Understand that gravitation towards peers is a normal stage of development for adolescents. As your child grows into their teenage years, it is normal for them to want to spend more time and give more attention to their peers. However, this doesn't mean that parents don't still have an important role to play with their children.
2. Show empathy for your child; don't immediately jump into trying to fix your child's problems. I believe that this tool may be one of the single most important things we can do in maintaining the parent/child relationship. Whenever your child talks to you about a problem they are experiencing, at first, try to do nothing more than active listening. This can include summarizing back to them what they have said, asking questions to understand how they are feeling, and reflecting back to them your understanding of their feelings. For example, if your child is telling you that they are upset because they were gossiping about their friend at school and now your child has lost that friendship, the temptation might be to immediately say something like, "Well, you shouldn't have been gossiping about your friend." While this may be a true statement, and it is a lesson that the child needs to learn, it could be more helpful if the first thing you say back to your child is something like, "Wow, I'm sorry to hear that you lost that friendship, I can understand why you're feeling so upset." Once you and your child have talked through their feelings, and you continue to show empathy and validate their **feelings** (you don't necessarily need to validate their **actions**) you could then ask a question like, "If you could go back and do it over again, what would you have liked to have done differently?" Hopefully you could then get into a good conversation about the dangers of gossip and also talk about how your child can handle the situation from there on out.

It's important in these situations to understand that we can still show empathy and validate our kids' feelings, even when they have engaged in actions that we feel are totally wrong. We can separate the child from their actions. This doesn't mean that we excuse our kids from consequences, it just means that we can maintain empathy for what they are going through before we jump to the problem solving conversation. By doing this, it helps kids to feel safe to come to their parents in the future to share their problems.

3. If you have to have a conversation about something your child has done wrong, and you are feeling angry or upset about it, take some time, if possible, to cool down before talking to them. When these conversations are done when both parent and child are calm, there is a much greater chance for learning to take place on the part of the child. Also, this gives the parents and child the opportunity to problem solve together, rather than playing an angry blame game where nothing of substance gets accomplished.

If you would like resources for more parenting tips, please go to: <https://uw.org/211/family-strengthening>

—Tracy Shurtz
Hurricane Intermediate School Counselor

LIBRARY

Mount Readmore Contest
papers are due April 14th

6TH GRADE
MOUNT READMORE
PARTY
DURING HOMEROOM
MAY 10TH

7TH GRADE
MOUNT READMORE
PARTY
DURING HOMEROOM
MAY 9TH

ALL LIBRARY BOOKS DUE
BY MAY 12TH


PLEASE
RETURN
YOUR
LIBRARY
BOOKS!



**IMPORTANT SUGGESTION FOR ALL THOSE WHO WOULD LIKE
TO APPLY FOR FREE/REDUCED MEALS FOR THE
2022-2023 SCHOOL YEAR**

IT IS **STRONGLY** RECOMMENDED THAT YOU APPLY NOW, BEFORE JUNE 30, 2022 TO ACHIEVE THE FREE/REDUCED STATUS PRIOR TO SCHOOL STARTING IN AUGUST 2022. BY DOING SO, YOU WILL ENSURE THAT YOU HAVE A 30 DAY GRACE PERIOD AT THE BEGINNING OF THE SCHOOL YEAR TO THEN RE-APPLY FOR THE 2022-2023 SCHOOL YEAR. IF YOU DO NOT APPLY BEFORE JUNE 30, 2022, YOU WILL BE CHARGED THE FULL RATE DAILY AT THE BEGINNING OF THE SCHOOL YEAR UNTIL YOUR 2022-2023 APPLICATION IS PROCESSED. (PROCESSING MAY TAKE SEVERAL DAYS DUE TO THE VOLUME OF APPLICATIONS).

REMINDER: A FEE WAIVER DOES NOT AUTOMATICALLY QUALIFY YOU FOR FREE/REDUCED LUNCH. YOU MUST APPLY AND BE APPROVED.

APPLY HERE:

[HTTPS://WASHKI2.ORG/FOOD-SERVICE/FREE-AND-REDUCED](https://washki2.org/food-service/free-and-reduced)



READINESS
IMPROVEMENT
SUCCESS
EMPOWERMENT



2022 TESTING SCHEDULE

MATH

APRIL 25TH - APRIL 29TH

SCIENCE

MAY 2ND - MAY 6TH

LANGUAGE ARTS

MAY 9TH - MAY 13TH

MAKE - UP TESTING

MAY 16TH - MAY 20TH

PARENTS: PLEASE BE MINDFUL OF WHEN YOU CHECK YOUR STUDENT OUT OF CLASS. WE WOULD LIKE TO MINIMIZE TESTING INTERRUPTIONS IF AT ALL POSSIBLE. THANK YOU.

SPRING



WHEN: April 20th and April 21st

CATEGORIES: Dance, Vocal, Instrumental,
Tumbling/Gymnastics, Piano, Art, Other

**WATCH STUDENT ANNOUNCEMENTS
FOR MORE DETAILS TO COME**



HURRICANE HIGH TIGERS

**VOLLEYBALL
SKILLS CAMP**

JUNE 14-16

1:30-3:30pm

GIRLS & BOYS GRADES 3-8

\$40 HURRICANE REC CENTER

City of St. George **JUNIOR GOLF** **PROGRAM** **Summer 2022/Ages 7-17**

REGISTRATION STARTS
APRIL 18TH

\$40⁰⁰ JAG Membership includes:

- \$3 May-September Green Fee at Dixie Red Hills, Sunbrook, Southgate and St. George Golf Club.
- \$6 October-April Green Fee at Dixie Red Hills, Sunbrook, Southgate and St. George Golf Club.
- JAG T-Shirt
- 4 FREE Golf Instruction Clinics
- FREE Online Rules and Etiquette Class
- Range Ball Discount
- Mid-Year JAG Pool Party - Thursday, June 30, 2022
8:30pm to 10pm @ The City Pool
- Elks Skills Challenge (optional)
- *JAG Tournaments (optional)
- *Adult/Junior Tournaments (optional)
- *JAG Teaching Clinics throughout the Summer (optional)

JAG Kickoff Party!

WHEN: Saturday, May 14th 2022

WHERE: St. George Golf Center at Southgate

TIME: 9am to 11:30am

Prizes, Elks Skills Challenge, 1 Free Golf Club provided by Utah Section PGA for Juniors that do not have Golf Clubs and Refreshments for all JAG Participants and their Parents!

2 Ways to Register

1) **ON-LINE:** www.sgcity.org/golf

2) **IN PERSON:** St. George Recreation Center

285 South 400 East, St. George UT

Leisure Services: 220 North 200 East, St. George UT

FOR MORE INFORMATION CALL:

435-627-4653

**Directed by the City of St. George Golf Division
and local PGA Professionals**



BASKETBALL CAMP



JIMMER FREDETTE

APRIL 22 - 23

NETS ON FIRE

\$125 PER PLAYER

K-12TH GRADE | BOYS/GIRLS

Register at Netsonfire.org

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WELLNESSES ROOM

Wellness Room
Rationale

Self Regulate

A letter to
Parents

Scan Info

FINANCE

Did you forget to pay
your student's fees?

[CLICK HERE TO PAY ONLINE](#)

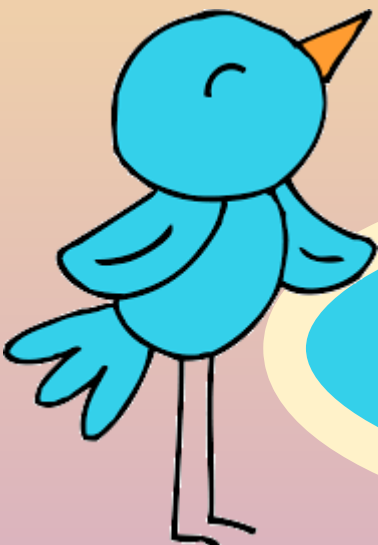


ATTENDANCE

If your student will not be at school, please call **635-8931**
or email karina.goodwin@washkl2.org

If you are checking your student out of school early, you will need to come in to the school and sign your student out. You must have photo ID in order to check out a student. We will not release students to anyone who is not on your contact list.

District policy allows us to excuse valid absences/tardies within 7 days.



WCSD ATTENDANCE POLICY