I recently was reading an article by Lewis Wilson which honored the late Dr. Martin Luther King, Jr. The article was entitled “5 Life Lessons from Martin Luther King, Jr.”

I thought the lessons were meaningful to all, but are particularly meaningful for young people such as our students at Hurricane Intermediate. Allow me to share these five life lessons learned through MLK’s example.

Words matter. Consider the imagery invoked by some of King’s most powerful speeches—“I’ve been to the mountaintop” or “I have a dream.” Dr. King outlined a vision of America that was inclusive—not divisive.

Take the long view, but take it quickly. King often referred to the long arc of history and how it bends toward justice—but he also spoke of the fierce urgency of now.

A movement is more powerful than an individual. Dr. King was much more than a gifted writer or powerful speaker. He had the ability to mobilize thousands and inspire millions to act. He did so through persuasion that we shared a struggle as shown in his comment “Whatever affects one directly affects all indirectly.”

Persevere. King certainly faced challenges—his family was threatened and his movement was challenged in and out of court. While he was often discouraged, he kept up the good fight and encouraged others to do the same. “If you can’t run then walk, if you can’t walk then crawl, but whatever you do you have to keep moving forward.”

Love your enemies, but hold them accountable. King’s core principle was that love will conquer all. “Darkness cannot drive out darkness; only light can do that” he famously said. “Hate cannot drive out hate; only love can do that.”

Near the end of his life, Dr. King wrote “in the end, we will remember not the words of our enemies but the silence of our friends.” Perhaps this is the best lesson of all—when we come across something that is wrong, it is not enough to simply keep your head down, content to know you’re not perpetuating the wrong. You must take action and right the wrong. It is my hope that our students can find strength in these ideals.

Kevin Pedersen, Asst. Principal
Jr. Tennis Team
(Grades 6-9)

Starts Feb. 27th
Practice Twice a week
Matches every week
All Skill levels
Play other schools
Boys and Girls teams

30% OFF
Code Love30

Sign Up Today | utahyouthtennis.org | Questions?
uyt.angela@gmail.com
435-227-5396

UYT Middle School Team Tennis a great way for boys and girls grades 6-9 to participate in team tennis, similar to high school teams. Whether you are an advanced player or a novice seeking to learn tennis, UYT Middle School Team Tennis has something for everyone!

These materials are neither sponsored nor endorsed by Washington County School District. Washington County School District Foundation has received direct financial benefit for distribution of this flyer.
NIGHT of HOPE
Featuring: RYAN STREAM
Desert Hills High School (Auditorium)
February 8th, 2023
Time: 6:30-9:00
Performance at 7:00

Presented by Desert Hills Middle School & Desert Hills High School & Stand4Kind

Ryan STREAM
MOTIVATIONAL SPEAKER | AUTHOR | MUSICIAN
FROM LOSING HIS MOTHER TO SUICIDE, TO DRUG ADDICTION, TO BECOMING ONE OF THE MOST SOUGHT-AFTER PUBLIC SPEAKERS OF THIS ERA!

GIVEAWAYS
- 2-Night Stay at VRBO located in the canyons of East Zion
- 5 Boxes of Malasadas
- Local Concert Tickets
- Family Game Night Packages
- ...and MORE

Come and meet available Community Resources such as:

SAFE UT
SOUTHWEST PREVENTION.COM
School Pulse
And other available student/community resources

Free gun locks will be given out!

Come and see one of the Nuccitelli family Bandolero Race Cars
REACH4HOPE
Hello Parents,

Ever get that “blue” feeling in January, you know, the blahs?! Well, we here at Hurricane Intermediate certainly do! This year we are going to try to combat it with our “Happiness Campaign!”

As we start the New Year off in the cold and darkest time of year, we want to do things that bring light into our lives.

As a school we want to bring a “GREAT DREAM”. We will be doing different activities around this theme. It was taken from [https://actionforhappiness.org/](https://actionforhappiness.org/). [https://actionforhappiness.org/10-keys](https://actionforhappiness.org/10-keys) Check out the website for more information. All the activities we will be doing are positive reinforcements.

1. As students and teachers see acts of kindness happening, they will write it down on a paper heart that will then be put on our growing “happiness” tree which will be next to the office. It will be fun to watch it grow with kindness! (Think growing leaves on a tree in the spring!)
2. Every Homeroom class will be assigned a special word from the “Great Dream” to make a video that will be shared with the school. We love when students and teachers work together for good!
3. Daily reminders about kindness (from the Action for Happiness calendar) will be read with our announcements every morning.

As the days go by we can conquer anything that comes our way with kindness! We want everyone to feel good about themselves and others by finding positive actions to do each day.

Thanks for all you do to support our Jaguar Students here at Hurricane Intermediate School!

Debra Howard (HIS Wellness Room)
Did you forget to pay your student’s registration fees?

CLICK HERE TO PAY ONLINE
### Lunch

**FULL PAY MONTHLY BREAKDOWN**

<table>
<thead>
<tr>
<th>MONTH</th>
<th>DAYS</th>
<th>TOTAL $</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>18</td>
<td>$46.80</td>
</tr>
<tr>
<td>February</td>
<td>18</td>
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<td>18</td>
<td>$46.80</td>
</tr>
<tr>
<td>May</td>
<td>18</td>
<td>$46.80</td>
</tr>
</tbody>
</table>

**$2.60 PER LUNCH**
If your student will not be at school, please call 635-8931 or email karina.goodwin@washk12.org

If you are checking your student out of school early, you will need to come in to the school and sign your student out. You must have photo ID in order to check out a student. We will not release students to anyone who is not on your contact list.

District policy allows us to excuse VALID absences/tardies within 7 days.

WCSD Attendance Policy