JAGUAR NEWSLETTER

INTERMEDIATE

SCHOOL

SEPTEMBER EDITION

No School Monday September 2nd

To EXCUSE absences call 435-635-8931

or email

debra.howard@washk12.org



Don't forget you can pay online in PowerSchool! You can also purchase PE clothing (\$15 for set), Yearbooks (\$23), and pay orchestra and band rentals (\$95 for year) online too!

<u>Fee Waver Link</u> <u>Free and Reduced Lunch Link</u>

7th grade Immunization requirements

Requisitos de vacunación de séptimo grado

ALL IMMUNIZATIONS ARE NOW DUE. ANY STUDENT

THAT IS NOT CURRENT ON THEIR IMMUNIZATIONS WILL

BE SENT HOME ON SEPTEMBER 12, 2024. THE

STUDENT WILL NOT BE ALLOWED TO RETURN UNTIL

FULLY IMMUNIZED.

IMMUNIZATION EXEMPTION LINK

Please turn into the school the Immunization paperwork. You can email it to cheree.crosby@washk12.org

When filling out the immunization exemption, please do it on a computer and download it there.

Phones do not format it correctly for emailing. Be sure to mark all immunizations that you are required to have that you want exempted. If you have questions please call the school.

Dear Parents and Guardians,

I hope this message finds you and your family well, and filled with excitement as we prepare to welcome the start of another school year at Hurricane Intermediate. It is with great enthusiasm that I extend my warmest welcome to each of you. We are thrilled to embark on this educational journey together and look forward to a year of growth, achievement, and collaboration.

The beginning of a new school year is a time of renewal and fresh possibilities. It's a chance for our students to set new goals, forge new friendships, and continue their journey of learning and self-discovery. At Hurricane Intermediate, our dedicated faculty and staff have been diligently preparing to provide your children with the best possible educational experience. We are committed to fostering a safe, inclusive, and supportive environment where each student can thrive academically, socially, and emotionally.

This year, we will continue to prioritize academic excellence, character development, and a strong sense of community. Our teachers are eager to inspire and challenge our students to explore, learn, and grow in meaningful ways. In addition to rigorous academics, we will place a significant emphasis on building resilience, respect, and responsibility in our young learners—values that will serve them well both in and out of the classroom.

We believe that a strong partnership between home and school is essential to our students' success. I encourage you to actively engage with your child's education by attending parent-teacher conferences, participating in school events, and exploring volunteer opportunities. Your involvement is invaluable and greatly contributes to our shared mission of "Ensuring that every student is high-achieving and well-rounded!" As we embark on this new school year, please do not hesitate to reach out with any questions, concerns, or suggestions. Communication is key, and together, we can create a memorable and enriching experience for all of our students.

Thank you for entrusting us with your child's education. I look forward to working closely with each of you to make this year at Hurricane Intermediate a resounding success.

Wishing you and your family a fantastic start to the school year!

Warm regards,

Terri Howell

Principal, Hurricane Intermediate



Bus Rules

- 1. Buses are an extension of the school, all school rules apply to buses also!
- 2. You are only allowed to ride the bus you are assigned to. You are only allowed to use the stop that you are assigned to even if it is on the same bus. No riding with friends on their bus.

No Exceptions!

- 3. Respect the driver just as you would a teacher. You can lose bus privileges for not obeying the rules.
- 4. Space Availability forms will be accessible on PowerSchool after Sept. 15th for students that are in the 7th grade walk zone.

HoCo Spirit Week Oness Up Sept.9th - 14th

Sept.9th - 14th
Students are allowed to wear hats as long as it's obvious that it goes

with the theme -ie) America hat



Tuesday: Barbie

Wednesday: USA

Day

Thursday: Jersey

Day

Friday: School

Colors

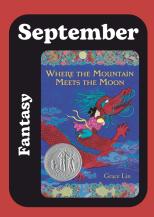




MT. READMORE BOOK CLUB



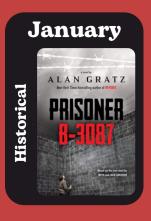








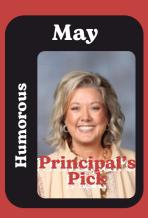












Picture Retakes on September 25th





Digital products are non-refundable. Los productos digitales no son reembolsable



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PARENT EDUCATION NIGHTS

WASHINGTON COUNTY SCHOOL DISTRICT

UPCOMING 2024-2025 EVENTS OPEN TO ALL PARENTS PRE-K TO 12TH STARTS AT 6:00 PM



Adverse Childhood Experiences (ACEs):

ACEs is one of the largest investigations of abuse, neglect, and household challenges, and their impact on later-life health and well-being. This presentation will focus on the exploration of the ACE study as well as identifying evidence-based solutions and interventions meant to counter those with a high ACE score. Presenter: Elysia Young, LCSW, Crimson Heights

Paradise Canyon Elem.

Unlock the Power of ADHD!

08

In this workshop we will learn how to recognize ADHD, how the ADHD brain works, and the tools you can use to help your .kids turn it into a superpower and reduce the negative symptoms they may be experience Presenter: Thurmon Thomas, LMFT, Ascend Counseling

Sandstone

Elem.

12

NOV

Desert Hills

Help Your Kids Crush Worry, Anxiety & Perfectionism

If your kids or teens experience anxiety that interferes with their peace and optimal performance, come learn proven strategies to turn things around. We'll explore the signs that show it's time to get help and how to the best interventions.

Presenter: Mary Wilde MD, Imagine Pediatrics

Inside-Out Parenting

Strategies for helping children develop a secure sense of self. Come and learn strategies how to connect with your child's inner-self.

Presenter: Chad Graff Ph.D., LMFT, LCMHC - TruAnchor Therapy

DEC Crimson View Elem

14

Pine View High

Understanding Youth Addiction and Substance Abuse:

Join Southwest Prevention for an informative presentation addressing addiction and substance abuse among youth. We'll delve into local data on youth usage from the Utah SHARPS survey, explore the impact of addiction on the developing brain and dopamine levels, and discuss the role of technology in addiction. Attendees will gain valuable insights into local resources and evidence-based strategies that parents can implement to support their children. Presenter: Pamela Holiday Prevention Specailist / Logan Reid Prevention Director - Southwest

FEB

Hurricane Intermediate An Attachment Approach to Helping Your Child Manage Anxiety

In this presentation, we will explore how understanding and strengthening the attachment bond between parents and children can be a powerful tool in managing childhood anxiety. Key Topics include: Understanding Attachment Theory, Identifying Anxiety in Children, The Role of Secure Attachment in Managing Anxiety, Practical Strategies for Parents, Interactive Activities, Resources and Support The Goal of the presentation is to equip parents with a solid understanding of attachment theory and its relevance to managing anxiety. Presenter: Cary MacArthur LMFT , Bluechip Counseling

25 MAR

Bloomington Hills Elem.

Students in Crisis and Self-Harm

What is self-harm and how many types are there? Why do people do it? Evidence shows that 14 to 20% of teenagers engage in self-harm behaviors. Depression is associated with the negative things that have happen to people and anxiety with the future things people think will happen to them. The 988 # would be a great place to call or text wher feeling overwhelmed. Learn some strategis on how to avoid self-harm reactions and coping with depression.

Presenter: Rafael A. Sanchez, LCSW Revere Health

08 **APR**

Dixie High

Beyond the Surface: Understanding OCD, ODD, and DMDD as Complex Mental **Health Conditions**

Explore the intricate layers behind Obsessive-Compulsive Disorder (OCD), Oppositional Defiant Disorder (ODD), and Disruptive Mood Dysregulation Disorder (DMDD). Learn about the biological, psychological, and environmenta factors at play, and explore effective strategies for support and treatment.

Presenter: Kelsey Atkinson, CSW, Zest for Life Counseling

01 MAY

Dixie

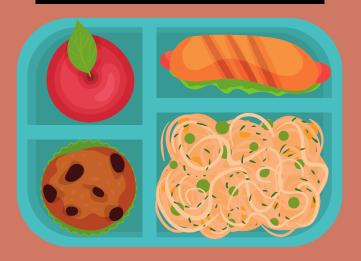
Middle

Parent Education Family Fair!

Come join us for a night of meeting many local providers and checking out the resources that are available to you and your family.

For every parent night you attend, you will receive one entry for a grand prize at our family air! Games and Prizes!

Lunch Menu





School Calendar



Follow us on Instagram



To EXCUSE your student's absence, call the school at 435-635-8931 or email



his.washk12.org





Hello! My name is Julia Fortune and I am the school nurse at Hurricane Intermediate. I am looking forward to working with your children. I am the nurse over a couple schools but I try to be present at the Intermediate school on Tuesdays and Thursdays. As we are back together again, I just wanted to remind everyone the importance of good handwashing and developing healthy habits such as a nutritious diet, exercising, getting enough sleep, and staying home if you are sick. We love to have your kids at school but we don't love the spreading of germs. Please feel free to always reach out to me with any questions and I hope we can make this the best school year yet!

<u>HEALTH CONCERNS</u>: Please inform your school nurse of any severe allergies, surgeries, accidents, or new health problems that occurred during the summer months or which may occur during the school year.

STUDENTS WITH ASTHMA, DIABETES, SEIZURES, AND LIFE THREATENING

<u>ALLERGIES:</u> Emergency Action Plans and doctor's orders must be submitted to the nurse each year at the start of school. I will reach out to you if I need updated paperwork. Please return them as soon as possible.

<u>CONCUSSIONS/INJURIES/SURGERIES</u>: If your child sustains a concussion, an injury or had surgery, a doctor's note is required to excuse the student from class and sport activities (P.E.). We will also need to know when they can return to normal activities.

VISION SCREENING: September 26th for all 7th grade students.

<u>LINK TO STUDENT HEALTH RESOURCES</u>: Here is where you will find all the needed paperwork for health conditions and any other health related information.

Student Health Resources – Student and Health Services (washk12.org)

ILLNESS/ABSENCES: Please contact the main office in the morning if your child is to be absent and inform them why he/she will not be attending. If your child has been ill, he/she should be free of a temperature, vomiting, and diarrhea for 24 hours before returning to school without the use of fever reducing medication. Follow sick day guidelines.

Watch for our District Nurses Newsletter in October.



Sick Day Guidelines

Keep your child home if they exhibit any of the following symptoms:

Symptom/Illness

Explanation

Chicken Pox (Varicella)	Keep home until all lesions have dried or crusted (usually 6 days after onset of rash) and no new lesions have showed for at least 24 hours.			
Cough	Serious, sustained coughing, shortness of breath, or difficulty breathing.			
Diarrhea	Two or more unexplained episodes of watery or loose stools in 24 hours OR sudden onset of loose stools. May return 24 hours after last episode.			
Fever	Temperature above 100.4°F [38°C] by any method. Return when fever-free for 24 hours (WITHOUT the use of fever reducing medication).			
Head Lice	May return to school after first treatment and there are no more live lice in their hair or scalp. Per WCSD Administrative Letter (Exclusion is not necessary before the end of the school day).			
Rash	Any new rash accompanied by a fever or behavioral changes. May return after rash goes away or clearance given by a health care provider.			
Skin or Mouth Sores	Drainage from a sore that cannot be contained within a bandage. Mouth sores with drooling that the child cannot control unless the child's primary health care provider or local health department authority states that the child is noninfectious.			
Streptococcal pharyngitis (strep throat)	Keep at home until at least the first 24 hours after antibiotic treatment has started and fever free for 24 hours.			
Vomiting	Any unexplained episode in the past 24 hours. May return 24 hours after last episode.			
Other	Symptoms that prevent the student from active participation in usual school activities OR student is requiring more care than school staff can safely provide.			

WCSD follows The American Academy of Pediatrics recommendations for exclusion from school.

Make Sure You Are Reachable at All Times: Parents please be certain that the school has a way to reach you at all times—make your phone numbers at home and work available, as well as your cell phone number. Please make sure your emergency contact list is up to date. Your children will not be able to be checked out of school unless the person who is picking your child up is on the emergency contact list.

K-12 School Covid Recommendations

Stay at home if you test positive or have symptoms of COVID-19

Anyone who tests positive for COVID-19 needs to stay at home and isolate for at least 5 days. This means to stay home except to get medical care. You should not go to school, work, church, group gatherings, or extracurricular activities. Stay home if you have symptoms of COVID-19 or test positive, even if you are vaccinated or had COVID before.

If you have symptoms, stay home until:

- You have been fever-free for 24 hours without using medicine to lower your fever,
- Your symptoms have improved for 24 hours,
- It has been at least 5 days from the day your symptoms first started.

You may need to stay at home longer than 5 days if your symptoms have not gotten better. It's best to keep your child home if they are feeling sick, no matter what the illness is. This helps protect others from getting sick too.

If you never had symptoms, stay home until:

● It has been at least 5 days since the day you were tested. The day you test positive is called day 0. Stay home until it has been 5 full days after you test positive (days 1-5).

<u>Wearing a mask around others is important after you test positive for COVID-19, even if you don't feel sick. Wear a well-fitting mask around others and in public for another 5 days after you Education | coronavirus (utah.gov)</u>





Monday-Thursday Bell Schedule 1								
6t	h grade	7th grade						
1st	7:45 - 8:35 am	1st	7:45 - 8:35 am					
2nd	8:38 - 9:28 am	2nd	8:38 - 9:28 am					
3rd	9:31 - 10:21 am	3rd	9:31 - 10:21 am					
4th	10:24 - 11:14 am	4th	10:24 - 11:14 am					
Lunch	11:14 - 11:36 am	5th	11:17 am - 12:07 pm					
5th	11:39 am - 12:29 pm	Lunch	12:07 - 12:29 pm					
6th	12:32 - 1:22 pm	6th	12:32 - 1:22 pm					
Home Room	1:25 - 2:00 pm	Home Room	1:25 - 2:00 pm					

PLC Friday Early Out Bell Schedule 2								
6th	grade	7th grade						
• 1st	7:45 - 8:13 am	1st	7:45 - 8:13 am					
2nd	8:16 - 8:41 am	2nd	8:16 - 8:41 am					
3rd	8:44 - 9:09 am	3rd	8:44 - 9:09 am					
4th	9:12 - 9:37 am	4th	9:12 - 9:37 am					
5th	9:40 - 10:05 am	5th	9:40 - 10:05 am					
Lunch	10:05 - 10:27 am	6th	10:08 - 10:33 am					
6th	10:30 - 10:55 am	Lunch	10:33 - 10:55 am					
Home Room	10:58 - 11:20 am	Home Room	10:58 - 11:20 am					

AM Assembly Bell Schedule 4