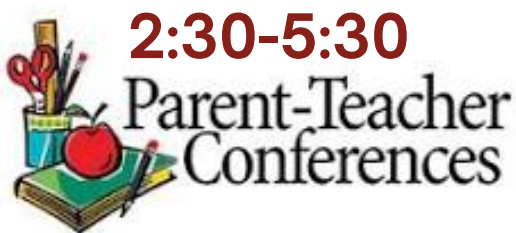


HURRICANE JAGUARS NEWSLETTER

NOVEMBER 2024

Upcoming Events

**Parent Teacher
Conferences
Nov. 07, 2024**



Lost and Found will be set out during Parent teacher Conferences. Items not claimed will be sent to DI afterwards.

Thanksgiving Break

**No School Nov. 27
- Dec. 2, 2024**



5th Grade Visitations

Welcome!

Our local 5th grade students will tour our school on Nov. 5th and 6th!

Need to excuse your student?

Call the school at 435-635-8931
or email
debra.howard@washk12.org



Dear Jaguar Families, As we progress through the school year, it's essential to equip our 6th and 7th graders with healthy study skills that promote both academic success and overall well-being. Here are some effective strategies that students can use to enhance their learning and make studying a positive experience:

1. Create a Dedicated Study Space

Encourage your child to find a quiet, organized space free from distractions. A designated study area can help them focus and develop a routine.

2. Establish a Study Schedule

Help your child create a weekly study schedule that breaks down subjects and assignments. Consistent study times can improve retention and reduce last-minute cramming.

3. Set Specific Goals

Teach your child to set achievable goals for each study session. Whether it's completing a chapter or reviewing notes, specific goals can keep them motivated and on track.

4. Use Active Learning Techniques

Encourage students to engage with the material actively. This can include summarizing information in their own words, teaching concepts to someone else, or using flashcards for key terms.

5. Take Regular Breaks

Remind your child that breaks are essential! The Pomodoro Technique—studying for 25 minutes followed by a 5-minute break—can help maintain focus and prevent burnout.

6. Stay Organized

Help your child use tools like planners or digital apps to keep track of assignments, tests, and deadlines. Staying organized can alleviate stress and improve time management.

7. Prioritize Health and Wellness

Encourage good sleep habits, healthy eating, and regular exercise. Physical well-being significantly impacts cognitive function and overall performance.





8. Seek Help When Needed

Remind students that it's okay to ask for help. Whether it's from teachers, peers, or online resources, seeking assistance can clarify confusing topics and enhance understanding.

9. Reflect and Adjust

Encourage your child to reflect on their study habits regularly. What works well? What needs improvement? Being adaptable will help them find the most effective strategies.

10. Celebrate Achievements

Finally, celebrating small victories—completing an assignment, understanding a difficult concept—can boost confidence and motivation. Encourage your child to recognize their progress!

By incorporating these healthy study skills into their routines, our 6th and 7th graders can develop a strong foundation for academic success. Thank you for your continued support in fostering a positive learning environment!

Best regards, Stefnee McMullin
School Counselor
Hurricane Intermediate School
stefnee.mcmullin@washk12.org
435-635-8931 ext. 4043



www.internetmatters.org

Be aware of your child's online life. There are many dangers when it comes to social media and gaming online. Many Social Media apps, as well as gaming apps, have a minimum age of 13+. Many teens younger than this still have access to social media. If your child has social media please be aware of their activity online. Know that there are ways for you to monitor their online use.

Dangers of social media include:

- Pornography
- Chatting with strangers
- Cyberbullying
- Self Esteem issues
- Anxiety
- Depression

And many others.

Recently, there have been more and more issues stemming from social media. Cyberbullying seems to be constant and, it has been running through our school in terms of Hate pages and Ship pages. (Ship, meaning pairing two individuals together and seeing if they would make a “cute couple”) Most of these pages are used as a way to cyberbully and spread rumors. If the identity of a social media page is located, and there has been repeated contact after the being asked to stop contact, there could be criminal charges for Electronic Communication Harassment. [See State Law Link](#) for more information. It is also against Utah law to impersonate someone online, i.e.; using someone's likeness and posing as them on social media. [State Codes Link](#)

It's important for students to understand that what you post on social media, even after deleted, stays forever in the form of screenshots and rumors. Students need to understand the importance of their presence online and how it could affect them in years to come.

Popular social Media sites

- Tik Tok
- Snap Chat
- Instagram
- Be Real
- X (previously Twitter)

Popular games with chat

- Roblox
- Fortnite
- Five Nights at Freddys
- *Discord- usually chat starts in games and moves to discord.
- *PlayStation or Xbox

Officer Newport

If you would like your student to sell Dixie Direct Books, please email alayne.isom@washk12.org to receive the needed information and books.

THANK YOU for participating in the **Dixie Direct Savings Guide Fundraiser!**
From each book sold, our school keeps **\$20!**

WHEN SELLING:

- Be Safe, don't talk to strangers or if you need help ask your Parents.
 - Call Relatives, Neighbors & Family Friends
- Ask Parents to Take Orders at Work & post on Social Media about Dixie Direct

View complete book online at DixieDirectCard.com
Questions? Call us at 435-628-3770 or call your School

- Need another Order Form? See School Office for extras.
- Return completed flier to your teacher or fundraising coordinator ASAP.

Purchase with the QR Code below!



2025 DIXIE DIRECT

**SAVE UP TO 50% ON
DINING, ENTERTAINMENT,
GOLF, SHOPPING, HEALTH
& BEAUTY & MUCH MORE...**

**SCAN THIS QR CODE, TO BUY ONLINE
& SUPPORT**



**HURRICANE
INTERMEDIATE**

**VIEW ENTIRE BOOK ONLINE AT
DixieDirectCard.com**

Students can earn Prizes for selling Dixie Direct Books!



RAISE MONEY & EARN BIG WITH DIXIE DIRECT

SELL 2 BOOKS

EARN ALL OF THE FOLLOWING:



KIDS WATER PARK PASS



COOKIE



FROZEN YOGURT



DIPPIN' DOTS



FROZEN YOGURT



HAPPY MEAL



16oz SMOOTHIE



MINI GOLF PASS



KID'S SCOOP



KID'S SMOOTHIE



CLASSIC DONUT



SKATE PASS



1 HOUR PLAY PASS



MINI PIZZA

SELL 5 BOOKS

EARN THE FIRST GROUP OF PRIZES, PLUS...



\$50 GIFT CARD



SMOOTHIE



SHAVED ICE

THE 3 TOP SELLERS
Schools must sell 300+ Books to Qualify

EARN ALL THE ABOVE, PLUS...

1ST PLACE
\$200 Visa Gift Card



2ND PLACE
\$100 Visa Gift Card



3RD PLACE
\$50 Visa Gift Card



PIZZA & DONUT PARTY!!

TOP SELLING CLASSROOM from each school receives a PIZZA & DONUT PARTY from Dominos & Daylight Donuts. (School Must Sell 100+ Books to Qualify)

MVP • TOP FACULTY MEMBER WINS!



FREE 1 Hr. Massage for Top Faculty Member. (School Must Sell 100+ Books to Qualify)



VOLUNTEER

FALL FOOD BOX DECORATING

Sign Up on the school website

<https://his.washk12.org/>

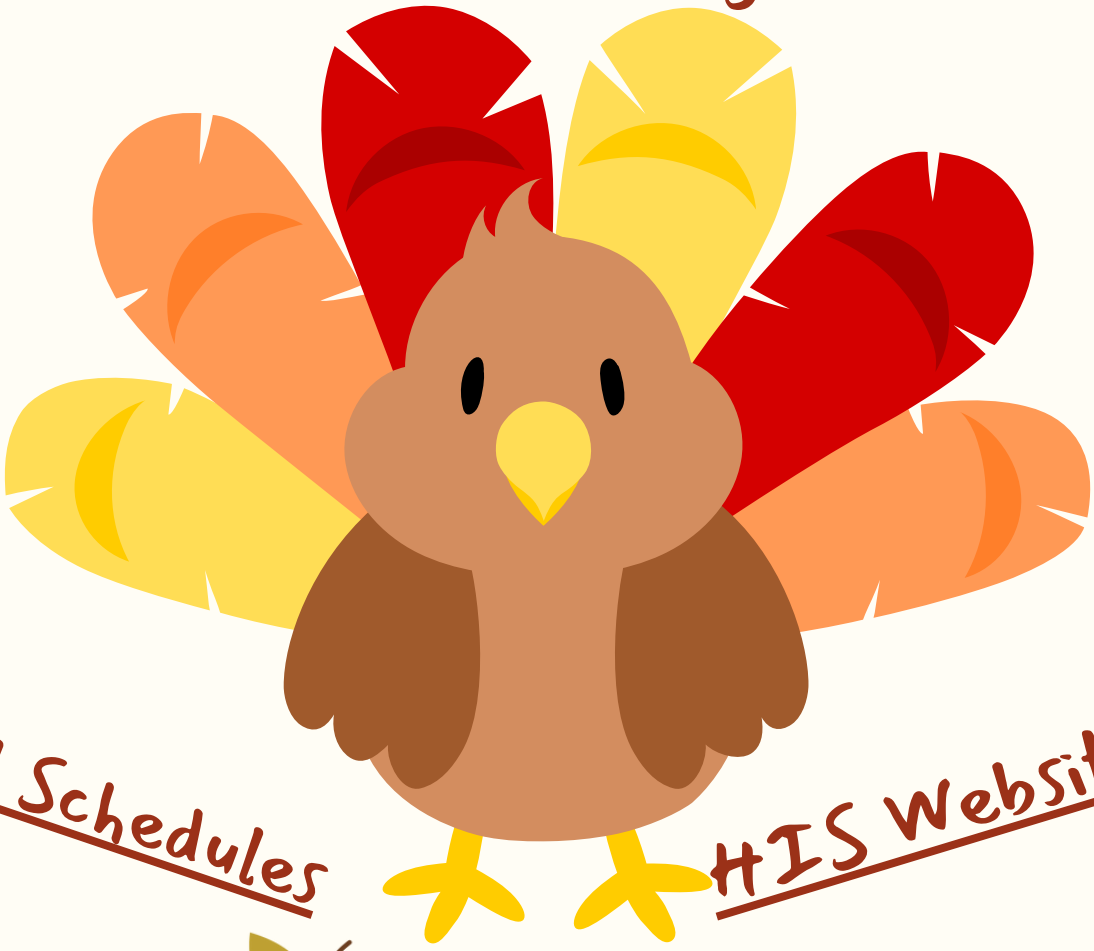
**8th November
8:00-9:10 am**

Favorite School Links Below!

[School Lunch Menu](#)

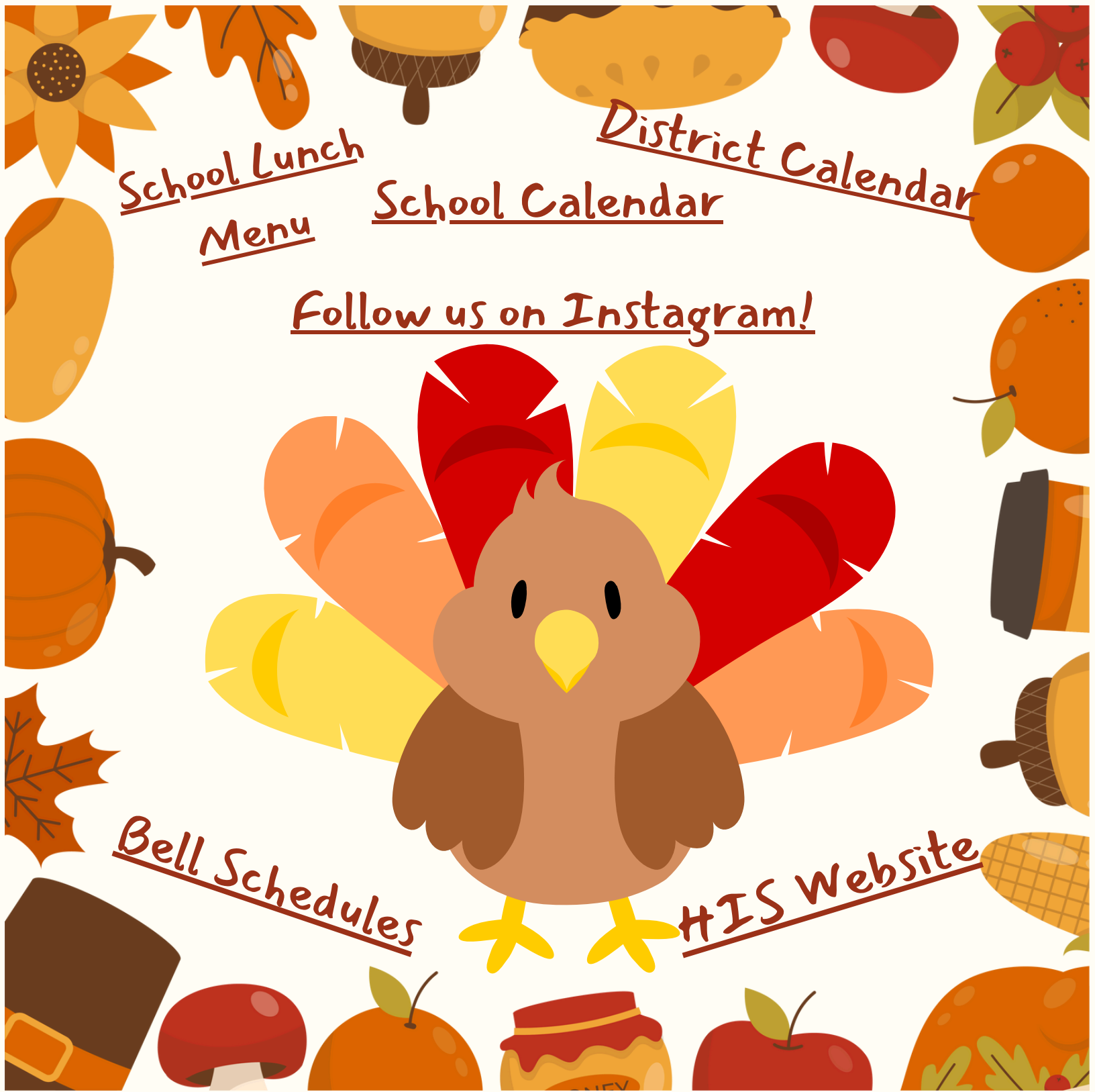
[District Calendar](#)
[School Calendar](#)

[Follow us on Instagram!](#)



[Bell Schedules](#)

[HIS Website](#)



2

NOVEMBER

10-11 AM

**SNOW CANYON
HIGH SCHOOL**

Saturday Parent

EDUCATION

Parenting the Anxious Generation:
Building Resilience Through
Independence

Based on the book, *The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness* by Jonathan Haidt, this class will explain the primary causes of the modern anxiety epidemic among youth and offer solutions for reducing childhood anxiety. Parents will leave with an understanding of how to avoid parenting traps that contribute to anxiety, and solutions for helping their children overcome their anxiety and build resilience and self-efficacy.

Presenter: Krista Whipple, M. Ed.
School Counselor
Majestic Fields Elementary

KRISTA WHIPPLE HOLDS A MASTER'S DEGREE IN EDUCATIONAL PSYCHOLOGY FROM THE UNIVERSITY OF UTAH AND IS CURRENTLY THE SCHOOL COUNSELOR AT MAJESTIC FIELDS ELEMENTARY SCHOOL. IN HER FREE TIME, SHE LIKES TO SPEND TIME WITH FAMILY, MAKE ART, READ, AND BE OUTSIDE.



Live Stream QR Code

<https://youtube.com/live/9pqrLJYi2tpU?feature=share>

Hurricane Intermediate's Glee Club Proudly Presents



November 13th, 14th, 15th, & 18th

Hurricane Intermediate Little Theatre
1325 S 700 W, Hurricane, UT 84737

**Tickets are \$5 online
and \$6 at the door
Scan for Tickets!**



**Doors Open - 6PM
Show - 6:30 PM**

**DIRECTOR - MCKENNA YARDLEY * CHOREOGRAHPER - CALLIE LOWERY * MUSIC DIRECTOR - BRIAN THOMPSON
ASSISTANT TECH - KAYLEE ROBINSON * STAGE MANAGER - MARLEY T.**

Book by
DENNIS KELLY

Roald Dahl's Matilda The Musical JR. is presented through special arrangement with
and all authorized materials are supplied by
Music Theatre International, New York, NY
(212) 541-4684 mtishows.com

Music & Lyrics by
TIM MINCHIN

Fee Waiver Application Links



School Fee Waiver

Exención de cuotas escolares

School Fee Notice for K-6

Aviso de Cuota Escolar para K-6

ALL FEES ARE NOW PAST DUE

Free & Reduced Lunch

Link

Or use the QR codes below

Free & Reduced Lunch Application QR Code



Solicitud de almuerzo gratis y reducido Código QR



THE H-TOWN THREE 3



RESPONSIBILITY

- Attend regularly
- Be accountable for actions
- Engage in learning
- Ask clarifying questions

RESILIENCE

- Growth mindset
- Listen, adjust, and grow
- Positive self talk
- Reflect
- Learn from mistakes

RESPECT

- On time and on task
- Kindness to all
- Value & respect others and school
- Appropriate language and behavior