



JAGUARS NEWSLETTER

April 2026

Upcoming Events

March 30 - April 2
Teacher Appreciation
Week!

We our  Teachers!

April 1st
Para Day!

April 2
Librarian Day!

April 22
Secretary Day!

April 24
Nurse Day!



Reminders

Easter Break
No School

April 3-6

College and Career
Week

April 7-10

School Fees and Fines

With less than 2 months of
school left in the year
please make sure to have
any outstanding fees and
fines paid before the end
of the school year!

Attendance

Email:
debra.howard@washk12.org

Phone: 435-635-8931



Hello Hurricane Intermediate Families!



When kids don't want to come to school, what to do?

Intermediate school is a season of such incredible growth. It's completely natural for 6th and 7th graders to feel a bit overwhelmed at times. Some mornings you may hear, "I don't want to go to school today". If that is a concern, here are a few suggestions:

1. Understand the "Anxiety Loop"

When a child feels anxious about school and stays home, they feel immediate relief. However, this relief actually **strengthens the anxiety** for the next day. The longer a student stays home, the harder it is to return.

- **The Goal:** Acknowledge the feeling ("I know you're feeling nervous"), but maintain the routine. Attendance is the best "medicine" for school-based anxiety.

2. Establish a "No-Conflict" Morning Script

It helps if you can avoid long negotiations in the morning when emotions are high. Use a calm, firm script:

- *"It is a school day. I expect you to be ready by 7:20. We can talk about your worries after school, but for now, the plan is to head to class."*
- **Consistency is Key:** If the "plan" changes based on a child's pushback, it teaches them that persistence leads to staying home.

3. Use the "Two-Path" Logic

It is also helpful if you can help your child understand the natural consequences of their choices. You can do this by making it clear that staying home is not a "day off" for fun.

- **Path A (At School):** Access to friends, extracurriculars, electronics after homework, and a normal evening routine.
- **Path B (At Home):** If a child stays home for "illness" or anxiety, the suggestion is that it should be a "low-stimulation" day. This could mean:
 - No gaming or social media.
 - No "fun" snacks or outings.
 - Resting in bed or at home, or doing schoolwork only.

4. Create a "Win-Win" Reward System

6th & 7th graders respond well to short-term incentives. You can try setting up a simple contract:

- **Daily Reward:** If you make it to school on time without an argument, you earn 30 minutes of extra screen time tonight.
- **Weekly Reward:** 5 days of full attendance equals a Friday treat or some other reward the child enjoys.

5. Focus on Routine and Wellness

- **Night Before:** Layout clothes, pack the backpack and dock all electronics in the kitchen before bed.
- **Morning:** Keep the environment calm. Use a visual timer if your child struggles with "time blindness."

When to Reach Out?

If your child's avoidance is becoming a pattern, please feel free to contact your child's school counselor.

We are partners in your child's success. Let's work together to keep them moving forward!

Tracy Shurtz
HIS School Counselor



TEACHERS ARE the REAL

MARCH 30TH-
APRIL 2ND

MVP'S TEACHER APPRECIATION



Monday

Dress Up: Any Team Sports Gear

Wednesday

Dress Up: Jersey Day



TUESDAY

Dress Up: Spring Training (Wear your
favorite Spring Break Atire)



Thursday

Dress Up: Season is over
(Wear your PJ)



Library Media Center

April Happenings

**Final Due Date
for Books:**

MAY 11

*Please take note that all lost books and fees must be paid for before your student can pick up their year book.

MT. READMORE DEADLINES

All Forms and Paperwork Submitted

April 10

Mt. Readmore Party

April 24

Spring Fiction Challenge Party

May 15

Unlock the magic
of Verse,
Read down your
fines,
And let poetry
pay for your
time!

National Poetry Month

April is National Poetry Month and to celebrate we will be allowing students to get their late fees forgiven* from April 1-17 by either coming into the library and reciting a poem (no "Roses are Red") or writing an original poem.

*Please note this does not include charges for damaged books or lost books

We are excited to announce that College and Career Week is just around the corner, running from April 7th to April 10th!

To help our students get the most out of this week, we have created a dedicated College and Career website that outlines the full schedule of events, resources, and activities.



Activities

Daily Dress-Up Days: (Check the website for the specific themes!)

Lunchtime Events: Fun activities and challenges held on the lawn every day at lunch.

College Booths: Various colleges will be at HIS on the 7th at lunchtime.

Bingo: In your box there will be "Ask Me" buttons for Bingo and Bingo Cards

Career Booklets: Students can research careers for a prize. Students can pick up booklets before school each morning in the counseling center rm 109

College and Career Week Links

Calling All 7th Grade Superstars!

Ready to be the "good eggs" of the community? Hurricane Recreation needs your energy and help to make this year's Easter Egg Hunt the best one yet! If you're looking for a fun way to get outdoors and hang out with friends, this is the perfect way to kick off your weekend.

A Head Start on Mental Health

While the official Mental Health Awareness Month isn't until May, we're getting a jump start on those good vibes now! Helping others is a proven way to boost your own mood and lower stress.

Volunteering gives you:

The "Helper's High": A natural boost in happiness from doing something kind.

Fresh Air: Shaking off the morning fog at the park is a great reset.

Connection: Hanging out with your crew for a good cause.

The Game Plan

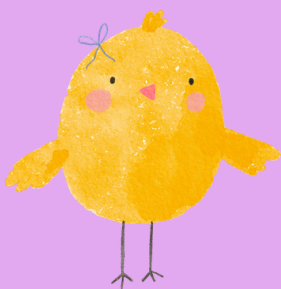
Where: Three Falls Park

When: Saturday April 4th

Early Bird Special: You need to be there by 7:00 a.m. sharp to help hide the loot!

The Reward: Once the main hunt is over, you are officially invited to stay and join the Scavenger Hunt for a little competition of your own!

See Flyer below!



EGG HUNT
AGES 1-12

Easter

EGG HUNT

SATURDAY APRIL 4TH
9 A.M. SHARP



EASTER EGGS
EASTER BUNNY
CANDY
PRIZES
FUN! FUN!! FUN!!!

SCAVENGER HUNT
AGES
13-17



 [THREE FALLS PARK](#)
[889 S 700 W](#)

Hurricane
Recreation


HURRICANE CITY
UTAH

This is for HIS Students only



**KONA ICE
PRE-PAY**

USE THIS CODE:



K579X784743

HURRICANE INTERMEDIATE KONA DAY

Thursday 4/23/26, 11:00 AM - 12:15 PM

435.527.5698 | earmstrong@kona-ice.com | customer.kona-ice.com

**6TH GRADE STUDENTS!!!
REQUIRED
IMMUNIZATIONS FOR 7TH
GRADE!**



**PLEASE CHECK THIS [LINK](#)
FOR WHAT IMMUNIZATIONS ARE REQUIRED **BEFORE** 7TH
GRADE**

SPANISH VERSION [LINK](#)

Our Favorite Links



his.washk12.org



[Bell Schedule](#)



[Lunch Menu](#)



[Dress Code Link](#)



[Dress Code Link](#)



[Lunch with the Principal](#)

Please take a moment to recognize a teacher or staff member that has helped create an "Environment of Excellence" at Hurricane Intermediate School



[Everyday Excellence](#)





SOUNDS OF SUMMER

FREE Summer Camp

Band, Orchestra, and Percussion

WCSD INSTRUMENTAL CAMP

Current 6-11th grade students

1+ years experience required

Location: DHMS and DHHS



<https://bit.ly/wcsd-sounds-of-summer>

June 8-11

9:00 am - 12:00 pm each day



FREE

Summer Music Camp

Come learn about and TRY brass, string, and woodwind instruments!

Available to ALL
current 4-6th
graders

Monday-Thursday

JUNE 1-4

9AM-11AM

Instruments
provided
each day.

Click [HERE](#)
or scan to register



Offered at 4 Locations
Pine View Intermediate
Hurricane Intermediate
Lava Ridge Intermediate
Sunrise Ridge Intermediate