October Newsletter

Hurricane Intermediate

1325 S. 700 W. Hurricane, UT
Website: hiswashk12.org  T: 435-635-8931
Check out our Facebook page at https://www.facebook.com/HISJaguars/

UPCOMING EVENTS

October 4th
SEOP 2:30pm - 5:30pm

October 11th-12th
Fall Break- NO SCHOOL

October 23rd
Piano Concert @ 6:30pm

October 25th
Band Concert @ 6:30pm

October 29th
PLC / Early - Out Dismiss @ 11:45am

October 30th
Orchestra Concert @ 6:00pm
Recently, I read an article by Christine Carter entitled “5 Simple Ways to Show Kindness.” It is a wonderful article which reminded me to give pause and consider for a moment the power of kindness. In a world where the majority seems to be consumed by their own struggles, we often fail to look further than our immediate selves.

Is kindness a lost art? A rare gem hidden in the haste, impatience, and distractions of our lives? I sincerely hope not. The author shares that she tries to make a difference by intentionally engaging others with a kind word or message. Generally, the result lifts both the giver and receiver. Even when the attempt seems to have little impact, she is determined to keep trying.

Why? Because, when we are kind, we have more energy and feel better about ourselves and the world we live in.

Here are five simple ways to be proactive to lift others.

1. **Smile**  It's infectious and requires little effort. When the cashier greets you Smile. When you're walking in a store: Smile. When you pass another jogger or pedestrian: Smile. You'll find your actions will result in others smiling as well.

2. **Give Eye Contact**  It is amazing to see just how many of us miss the world around us because we are consumed by technology (phones, music, etc.). The author stresses that connections are very important. Have you ever had a conversation with someone who makes little eye contact throughout? We need more connection.

3. **Say “Thank You”**  We need to practice good manners. A simple please and thank you can have an enormous impact on a person, don’t you think? Any time you have a chance, say these words and mean them. Appreciation goes a long way in this world. We need more of it. Using these words translate into respect. Two words, they make a difference.

4. **Acknowledge other people’s presence**  As we move about in our communities, it’s a really kind thing to acknowledge others around us. A simple wave at the crosswalk guard who stands outside monitoring safety outside a school. A simple gesture is appreciated and is often reciprocated. It takes little effort, and yet it goes a long way to acknowledge those people you pass on a regular basis.

5. **Compliment someone**  This takes just a little, itty bit more effort, but it is worth it. When we are in public, there are so many people we see and often we think to ourselves how nice they look in that outfit, or how great their hair looks, or how much we enjoy their child—why don't we just SAY IT to them? The treat is seeing people's faces light up after sharing an impulsive compliment. It is really worth the effort.

We all live in a world where kindness is so desperately needed. Making an effort to show acts of kindness has a ripple effect. It affects others, including your family members. The bottom line is this: Our kids will COPY US—for both good and bad. Modeling good behavior will make the world a better place.

Kevin Pedersen, Asst. Principal
Each year, Halloween presents a challenge for schools as students want to dress into their intended costumes and wear them at school. We do allow students to dress in costume but remind all that our dress code still applies (i.e., modesty is the best policy).

**COSTUMES:** Students should be neat, clean, and safe. Avoid apparel that is offensive, risqué, or threatens student safety. Any writing on clothing should be in good taste (avoid profanity, suggestive slogans/images, etc.) shorts and skirts must be modest.

To ensure school safety, we need to be able to easily identify our students. Therefore, **masks or extreme face paint are not permitted**. We will allow **minimal** face paint and ask parents to wait until after school to apply more elaborate face paint.

With regards to costumes which commonly are associated with weapons, we ask that those objects not be brought to school and remain at home. *(i.e., swords, sabers, guns, grenades, knives, etc.)*
Can I pay for lunch over the phone?

No, however, you can pay online by going to paypams.com

Lunch is $2.50 per day.

Can I pay for school fees, supplies, etc over the phone?

No, we can’t accept cards over the phone; however we accept cash, checks or cards in the office.

Can I ride a different bus home today?

No, the buses are overcrowded and only students that are assigned to ride may ride. District policy will allow for exceptions in certain circumstances, these need to be approved by the transportation department. The Space Available Form would need to be completed and sent to their office.

Can I wear this outfit to school?

Our dress code policy allows for shorts to be no shorter than 4 inches above the knee. Also no tank tops are allowed. Shirt sleeves must be at least 3 inches wide. District Policy may be accessed at washki2.org. If you question it, then don’t wear it.

Can I use my cell phone at school?

No, Phones are not allowed to be used during the school day, including lunch time, unless the student comes into the office to use it.

Does the school offer team sports?

No, but Hurricane City hurricanerecreation.com and Washington County Recreation washingtoncity.org offer team sports for students.
Kamille Brooks will be starting at HIS this year as the Orchestra/Choir teacher. Kamille has been a cellist and vocalist since she was in fifth grade, and is so excited to have the opportunity to teach small humans the joy of music. She loves movies and literature, and being warm – that's why St. George is such a great place for her! Kamille graduated from the University of Utah, was a surgical tech in labor and delivery (in another life), and knows lyrics to songs from all kinds of musicals. Kamille is also the wife to her “hunky” hubby Spencer, and mother to four lovely girls: Sydney (18), Macy (14), Maegan (11), and Sadie (9). She spent her summer house-training her two new Wheaten Terrier pups (Copper and Calla) – she would have rather been on a cruise, but you can't have it all! Kamille looks forward to seeing all of you around the quad!

Chelsea Haslam joins our team this fall as a math teacher. She taught 4th grade at Hurricane Elementary for 5 years, but always dreamed of one day teaching Math at HIS. She is ecstatic to have her dream job.

Chelsea was born in Kaysville, UT but moved to Hurricane when she was just 5 years old. After graduating from Hurricane High School, Chelsea moved to Logan where she attended Utah State University. Chelsea took an 18 month intermission from college to serve an LDS mission in Brazil. Upon her return, she married her high school sweetheart, Bear Haslam, and moved back to Logan to finish her schooling at USU in Elementary Education. Knowing that her real passion was teaching math, Chelsea also received a math endorsement which would allow her to teach up to 8th grade math. Chelsea moved back to Hurricane to complete her student teaching at Hurricane Elementary.

Chelsea has two beautiful children; a 4 year old daughter named Breeze, and a 2 year old son named Ronan. She took the past 2 years off from teaching to be home with her little ones, and is now ready to get back into the classroom.
Michael Eves has been teaching math in WCSD for the past 7 years and is excited to be back at Hurricane Intermediate. He attended university at SUU and has since completed a Master of Education degree and ESL endorsement. Apart from teaching, Mr. Eves enjoys spending time with his wife and kids, working on projects, and learning new things!

Leslie Johnson is excited to join HIS as new special education math teacher. She has been the life skills teacher at Hurricane Elementary for the last 7 years. Before that she taught 2nd grade at Three Falls Elementary. Mrs. Johnson loves spending time outdoors with her family, and she has been married to her husband Josh for 13 years. They have 4 kids, Braxton (9), Boston (8), Annabelle (4), and Brooklyn (1). They have two dogs Jake and Buddy. Camping, hiking, and spending time at the lake are family favorites.

Mrs. Johnson got her undergraduate degrees from Southern Utah University and a Master’s degree from the University of Utah. She is very excited to join the excellent staff at Hurricane Intermediate, and help students create a love for math.
Waiting patiently

Does your child expect everything to happen now? If a friend doesn’t call back immediately or his teacher hasn’t graded his project yet, encourage him to come up with possible explanations. Maybe his friend is at a movie or the teacher has 100 assignments to grade. Thinking reasonably can help him be patient.

DID YOU KNOW?

Research shows that most tweens would like to talk more with their parents about schoolwork. Ask your child to share what she’s learning in her classes. Be specific: “What kind of math problems did you do today?” or “Tell me about the science experiment you did in lab today.”

Family meals

Eating together gives parents and children a chance to chat about the day’s events. It also strengthens family relationships. Whether you have time to cook or are picking up carryout on the way home from work, try to sit around the table and enjoy each other’s company while you eat.

Worth quoting

“The time is always right to do what is right.” Martin Luther King, Jr.

Just for fun

Q: When does Friday come before Thursday?
A: In the dictionary!

Hints for homework

Amy has her evening planned. She’ll do her math homework before dinner, then follow up dessert with English and science. Afterward, she can unwind from a busy day.

Sound impossible? It’s not. Help your middle grader make homework go like clockwork with these strategies.

Think it through

Before your youngster begins, have her make a to-do list. Example: Write a poem, read a history chapter, solve 10 math problems.

Then, suggest that she number the tasks, from toughest to easiest, and start with the hard stuff. This “save the easiest for last” strategy will help her finish on a high note, perhaps inspiring her to get in some extra studying.

Think about time

Ask your child to consider different time slots she can use to get work done. For instance, maybe she could set aside a weekend morning or Sunday night.

Also, some middle graders have time during study period or after lunch to tackle homework. Encourage your child to complete one assignment at school each day. The more she does then, the more time she’ll have for fun later.

Think positive

Help your middle grader see homework as a chance to prove her independence by getting her work done on time and doing it by herself.

Boost her confidence by telling her, “Homework gives you a chance to show all that you know.” And give her a thumbs-up when she does just that.

Be there!

Being in school all day, every day, helps your child get the most out of middle school. Encourage good attendance with these ideas:

- Point out that there is no substitute for being in class. Your youngster needs to be present to hear teachers explain concepts, to participate in group projects and class discussions, and to ask questions.

- Schedule doctor, dentist, and orthodontist appointments for before or after school hours whenever possible. If you can’t, try to arrange them for lunchtime.

- It will be easier for your child to get up on time for school if he has had at least nine hours of sleep. Set a reasonable bedtime, and make sure he puts away electronic devices so he isn’t tempted to stay awake to read messages or play games.
Emotions in the middle

Moody, private, self-conscious...if this sounds like your tween, you're not alone. At this age, his body and emotions are changing rapidly. Here are ways to help him cope.

Managing moods. Physical growth and worries about friends, sports, and schoolwork can cause moodiness. Let your child know you're available to talk. A quiet statement, such as "I remember what it feels like not to be asked to join a team," can invite him to open up about what's bothering him.

Finding privacy. It's natural for your middle grader to want some time to himself. He might close his bedroom door or walk outside to take a phone call, for example. Show him that you respect his growing need for privacy by giving him space.

Fitting in. Many middle graders feel self-conscious. Being part of a group of people who share his interests can help your youngster focus on his strengths and feel more confident. Encourage him to participate in at least one activity, perhaps basketball, student government, or math club.

Prepared for standardized tests

Does your middle schooler have state tests coming up? Review these tips before testing begins:

- Knowing how to approach different kinds of questions will help her score higher. For instance, on multiple-choice sections, she could cover up the answers while she reads the question. If the answer she thought of is listed and the other options don't make more sense, she can be pretty confident she's right.

- Have your child find out whether she'll lose points for wrong answers. If not, it's best to guess. Also, if scrap paper is allowed, she can use it to work out problems and to keep her place on the answer sheet.

Parent to Parent

More nonfiction reading

My son, Kevin, reads mostly fiction, but his language arts teacher said the class will read lots of nonfiction this year. The reason, she said, is to prepare students for high school, college, and careers, where informational text is important.

The teacher suggested a few ways to help at home. First, she said, we could leave the newspaper out and mention articles about topics that affect him. For instance, I pointed out stories on road construction where he rides his bike and on festivals we might attend.

Also, the teacher said to encourage our son to read nonfiction books about things he's interested in. The next time I went to the library, I brought home books about car racing and a biography of one of Kevin's favorite drivers. I was happy to see him reading one rather than watching TV the other night! He even asked to go to the library to get a book about another driver. And when we were there, he picked up a few books on speed records and breaking the sound barrier.

Bully-proof your child

Q & A

Q: I've heard bullying peaks in middle school. How can I make sure my daughter isn't a target?

A: There is no way to guarantee a child will never be bullied. But there are things you can do to help.

Since bullies are less likely to pick on someone who has friends, encourage her to get to know other students. Suggest that she join a club, and have her invite classmates over. Not only is there safety in numbers, but having friends will build her self-esteem, which in turn can discourage bullies from targeting her.

Also, talk to your daughter about bullying. Tell her that if she is bullied or sees someone else being bullied, she should seek help immediately from an adult, whether it's you, a teacher, an administrator, or a coach. Let her know that she's not expected to handle this problem alone.
To improve communication, the W.C.S.D. has expanded its ability to deliver phone, email, and SMS text messages using SchoolMessenger.

SchoolMessenger provides the ability for parents/guardians to receive important and helpful texts and emails from both H.I.S. and the school district. SchoolMessenger will give you quick access to important information, and can notify you of emergency situations you should be aware of.

We invite you to fully participate in the process by opting in to SMS Text messaging, and keeping contact information in PowerSchool up to date.

Just complete two simple steps:

1. Opt in to SMS Messaging by sending the word Yes, via text message, to the number 67587.
   SchoolMessenger will only send text messages to cell phone numbers whose recipients have agreed to receive them.
2. Make sure you contact information is up to date by logging in to your PowerSchool Account and accessing the Demographics Change Page.
STUDENT COUNCIL

CONGRATULATIONS TO THE STUDENTS THAT MADE STUDENT COUNCIL!

HALLEE WARDLE
MARSHALL STRATTON
KATE WILSON
SOPHIE ROBINSON
ELLA JOCelyn
JAMES DANSIE
NOAH PAPA
WALKER DRAWE