Oct 3rd
Parent Teacher Conference 2:30–5:30 PM

Oct 17th–18th
Fall Break – No School

Oct 22nd
Band Concert 6:00 PM
Piano Concert 7:00 PM

Oct 24th
Choir Concert 6:00 PM

Oct 28th
PLC/Early-Out Day
Dismiss @ 11:45 AM

Oct 30th
Orchestra Concert 6:00 PM
Dear Parents, Guardians, & Stakeholders,

The school year has been great so far—students have made the necessary transition from summer days to a rigors of academic learning. Learning is a holistic activity and we are encouraging our students to learn social-emotional skills beyond the requisite academic courses. We want all of our students to be more prepared and enter the global workforce with the life skills needed to navigate an increasingly complex global world.

This school year, we will be introducing the life skills introduced in the book Sean Covey’s “Seven Habits of Highly Effective Teens.” That will help them be independent as well as collaborative team members.

This past September, we focused on Habit #1: Be Proactive.

**HABIT 1**

**BE PROACTIVE**

Being proactive means that you take responsibility for your own life—you can’t blame others for wrong choices. At school, a proactive person chooses to work during school time, use the proper voice, clean up after his/herself, etc. Proactive people plan for change and prepare for it.

In October, we will introduce Habit #2: Begin with the End in Mind.

**HABIT 2**

**BEGIN WITH THE END IN MIND**

This habit is based on imagination and visualization. It suggests that we should see what we want to achieve, and then make a plan to achieve it.

It is about controlling your destiny. If you don’t make a conscious effort to visualize who you are, and what you want in life, then you empower other people and circumstances to shape you and your life by default.

It is our hope that our students will gain these skills, and become the masters of their own destinies.

Mr. Pedersen, Asst. Principal
This awesome new event will start at 9:00am. It will take place at the incredible St. George Snake Hollow Bike Park and it will feature Pump Track Races and a Skillz Competition for the following divisions. **LIMITED TO 30 RIDERS PER DIVISION**

**AGE GROUP:**
- 5 & Under
- Under 8
  - 8 to 12 yrs.
  - 13 to 17 yrs.
- 18 and Up

**EVENTS:**
- Pump Track & Skillz Comp.
- Pump Track & Skillz Comp.

**FEE:**
- Free (includes shirt & medal)
- $15 for 1 event. Plus $5 for the 2nd event (includes shirt & medal)

**HELMET MUST BE WORN TO PARTICIPATE**

Register on-line at: [WWW.GETMEREgistered.COM](http://WWW.GETMEREgistered.COM)
or in person at: St. George Leisure Services Office
220 North 200 East • St. George, UT 84770

More info: 435.627.4500

Sponsored by:
FUN RUN, WALK n’ ROLL

200 Meter and 1 Mile Event
Friday, October 4th @ 6PM
Vernon Worthen Park
(300 S. 400 E.)

Event open to kids 2 to 18yrs old and to persons with disabilities of all ages. Parents are not allowed to run with their children. Runners will recieve a T-Shirt, a Finisher Medallion and will finish at the St. George Marathon finish line. Join us after the race for a big family party in the park till 8pm.

Come Join the Fun! :^)

NAME: __________________________
ADDRESS: ______________________
CITY: _________________________ STATE: ______ ZIP: ______ PHONE: _______
DOB: _______________ AGE ON EVENT DAY: _______ SEX: __ E-MAIL: ________
RACE CHOICE: (200M) _______ (1/2MI) _______ KIDS DIVISION: _______ ADAPTIVE DIVISION: _______
PARTICIPANT T-SHIRT SIZE: YS YM YL XS SM L XL XXL
Payment: Cash _ Credit Card _ Check _ Other _ Total $ ________

I, the undersigned, acting for myself or as a parent of guardian, do hereby agree (allow) participation in the aforementioned activity(ies) and further agree to indemnify and hold harmless the City of St. George and the City of Santa Clara, its agents and employees from all harm, accidents, personal injury or property damage suffered by the aforementioned individual(s) arising out of, or in anyway connected with, participation in this activity. I also, give my permission to St. George and its assigns to reproduce or use my image without cost or reimbursement on video, photographic or any other media for promotion of the City's programs and facilities. ALL PARTICIPANTS MUST SIGN BELOW

SIGNATURE: ______________________ DATE: ___________

For more information visit: www.stgeorgemarathon.com/funrunwalknroll
To improve communication with parents, guardians, and students, Washington County School District has expanded its ability to deliver phone, email, and SMS text messages by using the School Messenger System.

School Messenger will be used to communicate in emergency situations as well as to inform parents of day-to-day progress and school events.

We invite you to fully participate in the process by opting-in to SMS Text messaging, and by keeping your contact information in PowerSchool up-to-date.

PLEASE NOTE! It is your responsibility to login to PowerSchool and check that your primary phone number is correct.

To sign up for School Messenger, and receive these important messages, just complete two simple steps:

1. Make sure your contact information (primary cellular phone number) is up to date by logging into your PowerSchool Account and accessing the “Demographics” page.

2. Opt in to SMS Messaging by sending the word “YES” via text message, to the number 67587. School Messenger will only send text messages to cell phone numbers whose recipients have agreed to receive them.
• **ATTENDANCE**: If your child will not be at school, please call 635-8931 or email karina.goodwin@washk12.org. If you are checking your student out of school, you will need to come in to the office and sign them out. You must have ID in order to check out a student. We will not release students to anyone who is not on your contact list.

• **ATTENDANCE**: District policy allows us to excuse absences/tardies that are within 7 days.

• **YEARBOOKS**: Minimum deposit of $5 required to reserve a yearbook. Must be received BEFORE Christmas Break. Yearbook Total Price: $18

• **BUS**: Please be reminded that district policy only allows students to ride the bus that they have been assigned to.

• **DRESS CODE**: Clothes that are mutilated (distressed) 4” above knee, or immodest are not appropriate school wear. Any apparel revealing a bare midriff, (including when raising arms), bare shoulders, low neck line, or cut low under the arms, is not permissible. Tank tops, without a covering garment or t-shirt underneath, are not permissible. Sleeveless shirts must be at least 3” wide at the cap and cover from neck to outside of shoulder. Undergarments should not be visible. Dress, short, and skirt lengths must be modest and not revealing. They can be no shorter than 4” from the top of the knee cap in a standing position. *Please refer to the student handbook on our website for the full dress code policy.*